

## THE BLOOD PRESSURE SQUAD IS COMING TO YOU!!

The Blood Pressure Squad is made up of retired doctors and nurses in Healdsburg who know high blood pressure is a major contributor to heart attacks and strokes! Ed Neal, Damian Marsden, Rich Mucci, Hallie Beecham, Walt Maack, Jake Rutherford, Dave Anderson, Terry Leach and Barbara Shephard will come to you and measure all your blood pressures.

They partner with Healdsburg District Hospital's Know Your Numbers Campaign and with Corazon Healdsburg Health Action program to improve cardiovascular health and be the "Healthiest County" by 2020.

Please join us on the following date, time and location and have your blood pressure checked for free.

**PLACE: Rivers View Clubhouse** 

**DATE:** January 25, 2017

TIME: 10:00 am to 12:00 noon